# WHY DO I NEED DENTAL RECALL VISITS?

Dental recall visits are recommended to help you maintain a healthy and functional mouth. Here are the reasons why they are so important.

SCALE & CLEANING

Your teeth build up hardened plaque over time that can lead to bleeding gums, gum and bone damage and bad breath. Routine professional scale & cleanings remove this build up and keeps the supporting tissues of your teeth healthy and strong.
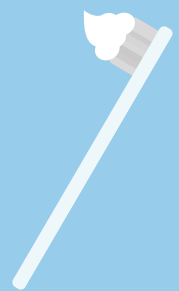
DENTAL HEALTH IMPACT ON SYSTEMIC DISEASE

The bacteria found in dental decay and gum disease is carried around your body each time you swallow and through your blood stream. These bacteria have damaging effects on your heart and other organs. Often, infection is present without your knowledge, as there are no obvious symptoms. Your dentist will identify problem areas and assist you in eliminating any infection. This is especially important for patients who have existing issues relating to their overall health, such as diabetes and heart conditions.

ASSESS FOR DENTAL BREAKDOWN

When a tooth has a defect or decay, the protective enamel coating has been damaged. This allows bacteria to eat away at the softer tooth structure beneath the enamel. Catching irregularities early is vital to avoid irreversible nerve damage.

MAINTAINING PREVIOUS TREATMENT

The restorations in your mouth withstand the continual demands of eating, clenching and diet. Regular dental visits give the dentist a chance to maintain these areas so your restorations last for many years.
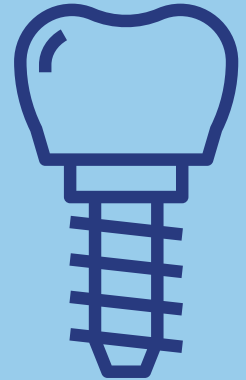
UTILISING YOUR HEALTH FUND REBATES

Health funds do not allow you to rollover unused rebate funds that you are entitled to. Make best use of the premiums you pay and ensure you collect your rebates for your routine dental recalls.

TREATMENT IS CHEAPER & EASIER

Most dental issues don't get better by themselves. They get worse. The worse they get, the more complicated it is to treat and often becomes more expensive. Identifying issues early is possible through routine dental recalls.